

ISSUE 15 NOVEMBER 2021 NEWSLETTER



WATER STREET HEALTH SERVICES

Providing health care through Christian faith & guidance.

210 South Prince Street, Lancaster PA 17602 • Phone: (717) 358-2017 • Fax: (717) 393-2017

ANNOUNCEMENTS FROM THE CLINIC

Did you know? Chicken nuggets, burritos and other popular items consumers buy from fast food outlets in the United States contain chemicals that are linked to a long list of serious health problems, according to a study from George Washington University.

81% of the food samples studied contained a phthalate called DnBP and 70% contained DEHP. Both these chemicals have been linked in numerous studies to fertility and reproductive problems in humans. These phthalates can also increase risk for learning, attention, and behavioral disorders in childhood.

86% of the foods contained the replacement plasticizer known as DEHT, a chemical that needs further study to determine its impact on human health. Foods containing meats, such as cheeseburgers and chicken burritos, had higher levels of the chemicals studied. Chicken burritos and cheeseburgers had the highest levels of DEHT. The researchers noted that food handling gloves collected from the same restaurants also contained this chemical. Cheese pizzas had the lowest levels of most chemicals tested. 10/27/2021

Annual Lab Competencies For staff and volunteer nurses

This annual event will be held at the Health Services conference room on Thursday, November 4 as follows:

- 11:30am-12noon LUNCHEON and one-on-one Glucometer Competencies with Melannie
- 12-1pm Sue Wilson will be teaching the Lab Review/Competencies

Any questions on this regard, please contact Jean Benedict, Director of Medical Services.

Be aware of the Flu

Flu season is upon us! Shots are available through Health Services, most local pharmacies and your physician. Remain diligent in cleaning surfaces and washing your hands regularly. Together, we can continue to make Water Street and its ministries as safe as possible. Thank you!

ANNOUNCEMENT FROM THE DENTAL

WSHS clinic volunteer dentists will see patients the following dates

Dr. Po: Thursday, November 4 - Friday, November 12 & Thursday, November 18
Dr. Earhart and team: Friday, October 22
Dr. Pranckun: Wednesday, October 27, Wednesday, November 17 & Wednesday, December 15.

THANK YOU FOR YOUR OCTOBER DONATIONS TOTAL GIFT-IN-KIND DONATIONS IS \$ 2,456.98

Break it Down

Lapar/o-Abdomen

Lig-To bind

My/o-, muscul/o-Muscle

PRESCRIPTION REFILL INSTRUCTION AND CLINIC HOURS FOR MEDICINE REFILLS & PICK-UP

With at least 48 hours in advance, please bring your medicine bottles to WSHS during clinic hours or call (717) 358-2012.

Monday	8:30am to Noon & 4:30pm to 8pm
Wednesday	8:30am to Noon
Thursday	1:30pm to 5pm

WELCOME NEW VOLUNTEER

WSHS clinic welcomes the following LGH volunteer residents
 Boni, Vittoria MD

CLINIC CLOSED DAYS

Thursday, November 25 - Thanksgiving
 Monday morning, November 1st - 09:00AM to 12:00pm
 Monday evening, November 22 - 5:00PM to 08:00PM
 Fridays, Saturdays & Sundays

HOURS OF OPERATION

New Donation Hours for 2021

Monday & Wednesday 9AM—12PM
 Monday 4PM— 7PM
 Thursday 1PM—4PM

Water Street Health Services does not accept expired, opened, or damaged donated items as we can't use them for our patients.

Day	Medical	Dental	Registration
Mon	9 AM—12PM 5PM—8PM	CLOSED	CLOSED
Tues	CLOSED	CLOSED	9 AM—12PM 1PM—4:30PM
Wed	9AM—12PM	CLOSED	CLOSED
Thurs	2PM—5PM	CLOSED	9AM—12PM

COVID-19 PROTOCOL

All volunteers of WSHS are required to screen their temperature and document it at the time of arrival at the front desk. WSHS Clinic follows CDC's guidelines for healthcare workers wearing the mask at all times in healthcare facilities.