Water Street Mission Residential Ministries – Senior Life Coach



Summary: A Senior Life Coach* (SLC) will lead a team of Life Coaches and Life Coach Assistants in coaching Guests through a personal progressive plan of renewal; working cooperatively with a team of Senior Case Managers, and other staff by actively participating in a healing environment and the Core Values of Water Street Mission.

This position is scheduled 1:00-9:30pm and is eligible for shift differential and incentive bonus.

FLSA: Non-exempt; full-time

A Senior Life Coach must be:

- 1. Willing to sign Water Street Mission's Statement of Faith.
- 2. A current and active member and/or regular attendee of a local church.
- 3. Able to fully support Water Street Mission's Core Values and Ministry Philosophy.

Essential Duties of a Senior Life Coach (SLC):

- 1. Minister to guests, reflecting God's love for each individual through a non-judgmental, grace filled relationship.
- 2. Maintain accurate guest information, including reporting and data management.
- 3. Cover as a Lead Life Coach when Life Coach Supervisors are not on campus.
- 4. Work every fourth weekend.
- 5. Work holidays as assigned in the staff rotation.
- 6. Meet with assigned guests for Life Coach Sessions.
- 7. Lead/facilitate guest groups (e.g. Life Coach Groups, Connect Groups, community meetings).
- 8. Prepare report of up-to-date status of guest engagement requirements for AP Reviews.
- 9. Mandatory attendance of all off-site meetings.
- 10. Mandatory attendance of weekly Life Coach Meetings
- 11. Assist in convening, facilitating, participating in, and reporting out from multidisciplinary team consult meetings.
- 12. Answer Access Center cell phone on weekends when working.
- 13. Lead crisis conversations/de-escalation of situations on campus.
- 14. Complete all other duties as assigned.

Education: Minimum Bachelor's degree (Master's preferred) in Human Services or related field. Minimum of 3-5 years' work experience in the areas of mental health and/or addiction recovery. Competency in Microsoft Office products. Experience in Outlook and ability to work with a clinical database is essential. Bilingual preferred.

Equipment: Office equipment

Supervised by: Life Coach Supervisor and/or Director of Residential Ministries

Physical Demands:

Occasionally = 1%-33%; Frequently = 34%-66%; Continuously = 67%-100%

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this position.

- Stand, walk, or sit *continuously*
- Use hands to finger, handle, or feel continuously
- Evening availability continuously
- Weekend availability occasionally
- Lift and/or move up to 35 pounds occasionally

Christian Life:

Water Street Mission is a privately funded 501(c)3 non-profit, evangelical Christian ministry. Our designated purpose is religious and we are a Christ-centered ministry that is dedicated to sharing the Gospel and helping the homeless and impoverished. We consider every position to be essential in the fulfillment of our ministry and purpose statement. As such, each employee must have a relationship with Jesus Christ as their personal Savior and Lord. All employees must:

- Be able and willing to share the Gospel and participate in the ministry activities of Water Street Mission.
- Subscribe to the Water Street Mission Statement of Faith and Qualifications of Employment upon hire and continuously while employed.
- Adhere to the Water Street Mission Employee Handbook.

*What is a *Life Coach* at Water Street Mission?

Christian Life Coaching at Water Street Mission:

A *Life Coach* participates "in the Water Street Mission Healing Model* by partnering with Guests in a safe environment to address the results of the various levels of trauma in an individualized, highly relational, strengths-based manner."

As Christian Life Coaches, we continually seek the guidance of the Holy Spirit in a faithful practice of discernment. Our Guests come from diverse religious backgrounds and commitments, yet we believe the same Spirit knows the plans, strengths, and callings God has for each of our Guests. The Life Coach partners with the Holy Spirit, and joins His work in our Guests' lives.

Life Coaches give full attention to the present moment. This inspires Guests to maximize opportunities for personal growth and move toward healthy life transformation as an ultimate goal. Life Coaches strive to be fully open and curious. They ask relevant, clear questions which prompt Guests to think about new possibilities and perspectives. These conversations may reveal thoughts, plans, and goals that Guests may have dismissed as impossible. Coaching is designed to help Guests remain focused on self-identified goals and encourage the abandonment of distractions and deterrents. At times, Coaches may need to direct the Guest to other resources which exceed the WSM Life Coach role.

A Life Coach builds a safe, trusting environment in which they make listening a top priority. They allow Guests to share completely, without judgement. When this environment is established with intention, a Guest feels open to talk about hopes and fears, wants and needs with sharp focus on the goals they have set for themselves. Life Coaching is done from a perspective of unity where we discover that our Guests desire the same things in life that we want -- what all people want. We want someone to care about us and take time to listen to our story. We want someone to believe in us and encourage us by speaking words of assurance that better things are ahead. We want to be valued and respected for who we are and for the skills and talents we possess. Above all, we want to be a part of a larger community where we are loved, welcomed, embraced, and accepted no matter where we come from, what our background is, or what mistakes we may have made in the past. This is accomplished with no personal agenda for the path a Guest may choose. The Coach's role is not to take responsibility for Guests' choices but to empower the Guests to feel confident moving from where they are to where they want to be.

Jesus is the perfect model of a Life Coach. He was able to help people gain a deeper understanding of themselves and their potential for positive change. He used powerful questioning and demonstration to accomplish this. He understood and showed us how grace, truth, and time are central to a person's life transformation.

*Refer to Water Street Mission Guiding Statement, Vision Statement and Core Values.